Acceptable use statement for internet and social media use Titan Performance Gyms Ltd

Here at Titan Performance Gyms Ltd we understand the importance of online communication. However we recognise that relevant safeguards need to be put in place to ensure children and adults remain safe while online or using social media.

We ask that you spend a few minutes to read through this statement then sign and return this form to a member of the management at Titan Performance Gyms Ltd.

- I will be responsible for my behaviour when using the internet and social media at the club.
- I will not use social media or the internet to send anyone material that could be thought of as threatening, offensive, upsetting, bullying or that is illegal.
- I know that if I am experiencing bullying behaviour or abuse online I can talk to a member of the Titan Performance Management team.
- I understand that I should only use Titan's social media or website communication methods to contact the club and should not seek out individual members of staff, coaches or members.
- I will not add/follow/message or make contact with gym members unless they do so with me first.
- Business cards can be offered and given to members and prospects but no personal contact information can or should be offered/given.
- I will not give out any of my personal information such as my name, age, address or telephone number online or that of anyone else.
- I will not share my passwords with anyone else.
- I will not arrange to meet someone that I have met online.
- I understand that these rules are designed to keep myself and others safe.

I agree to abide by all the rules, policies and procedures, and statements mentioned above and sign below in full knowledge, acceptance and understanding of them all.

Print Name	Sign	Date	Position

Print Name	Sign	Date	Position